



2026 Camper Medical Form

Camper Information		
Legal First & Last Name		
Preferred or Nickname		
Street Address	City, State	Zip Code
Camper's Email (or NA)	Camper's Cell (or NA)	
Birthdate	Age on 7/26/26	Last Grade of School Completed
Health Insurance Carrier and Policy/Group #	Name of Insured	
Camper's Physician	Physician's Phone Number	

EMERGENCY	1st Contact	2nd Contact	3rd Contact
Name			
Relationship to Camper			
Primary Phone			
Alternate Phone			

General Health Information

If you check yes to any of the items below, please explain in the comment section as needed. Check the box if the camper has or does:

- Had any recent injury, illness, or disease?
- Have a chronic or recurring illness/condition?
- Ever been hospitalized?
- Have frequent headaches?
- Ever had a seizure?
- Have diabetes?
- Have asthma?
- Ever had high blood pressure?
- Had mononucleosis in the last 12 months?
- Ever had frequent ear infections?
- Have a bleeding or clotting disorder?
- Ever been diagnosed with a heart defect/disease?
- Wear glasses, contacts, or protective eyewear?
- Brought an orthodontic appliance to camp?
- Have problems with sleepwalking?
- Have a history of bedwetting?
- Ever had an eating disorder?
- Ever been treated for emotional difficulties?
- Any physical condition requiring restrictions on participation in the camp program?
- If applicable, have they started menstruating?
 - If no, have they been told about menstruation?

Date of Last COVID Vaccine	Date of Last Tetanus Vaccine	Date of Last Medical Exam	
All Other Immunizations are Up to Date (If no, explain below)		<input type="checkbox"/> Yes	<input type="checkbox"/> No
Comments:			

Dietary Information

Camper eats a regular, varied diet.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Camper is lactose intolerant.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Camper is a vegetarian.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Other		

Allergies: Please Explain	
Medications	
Foods	
Insects/Environmental	

Medications			
<input type="checkbox"/> My child will NOT be bringing any medication (prescription or non-prescription) <input type="checkbox"/> My child will be bringing the following (prescription and non-prescription) medication in its original container labeled with the child's name as detailed below: All medication will be turned over to the assigned camp staff member, who will be responsible for administering meds as needed. If you need to provide more instructions than this form allows, please email ambern@abcmc.org before camp begins.			
Medication	Dose	Time	Reason for Taking Med

OPTIONAL: Immigration Support Information	
Camp Alexander Mack is protected by ABCUSA's preliminary injunction against DHS. This means ICE, CBP, and DHS agents generally cannot conduct immigration enforcement at Camp Alexander Mack, including making arrests and conducting interviews or interrogations. They are also prohibited from setting up checkpoints or other barriers to conduct immigration enforcement of individuals entering or leaving. As such, it is as safe to attend camp as it would be to attend your local church for Sunday worship. Out of an abundance of caution, you are welcome to share pertinent information to expedite legal support in the event of immigration enforcement activity. It is optional.	
A-Number	
Immigration Lawyer Name & Firm	
Lawyer's Phone	
Lawyer's Email	

Consent for Administering Over-The-Counter Medications

To continue providing the best care we can for our campers, we request that each camper's parent or guardian review the list of over-the-counter medications that may be stocked in the first-aid kit. These medications are used when campers have complaints/illnesses for which they have no prescription medications available. (Example: Headache- we may give acetaminophen (Tylenol), dosage: appropriate for age/weight. YOUR CONSENT MUST BE OBTAINED BEFORE ANY MEDICATION IS GIVEN TO YOUR CHILD.

Check the box for YES, my child can take this medicine:

Acetaminophen (Tylenol)	Pain relief, fever, headache	<input type="checkbox"/> Yes
Diphenhydramine (Benedryl)	Allergic reactions, severe itching, allergies	<input type="checkbox"/> Yes
Ibuprofen	Swelling, pain relief, fever, headache	<input type="checkbox"/> Yes
Dextromethorphan/ Guaifenesin (Robitussin)	Cough suppressant and expectorant	<input type="checkbox"/> Yes
Menthol Cough Drops	Dry cough, sore throat	<input type="checkbox"/> Yes
Glucose Tablets	Low blood sugar	<input type="checkbox"/> Yes
Oral Rehydration Salts (Pedialyte)	Dehydration, heat exhaustion	<input type="checkbox"/> Yes
Antibiotic Ointment	Scrapes, cuts, skin disruptions	<input type="checkbox"/> Yes
Hydrocortisone Cream	Topical Anti-itch	<input type="checkbox"/> Yes
Clotrimazole Cream	Anti-fungal	<input type="checkbox"/> Yes
Diphenhydramine Gel	Anti-Itch	<input type="checkbox"/> Yes
Zinc Oxide Cream (Diaper Cream)	Chafing, Skin Irritation	<input type="checkbox"/> Yes
Off/Repel	Insect Repellent	<input type="checkbox"/> Yes
Sunscreen	Sunburn prevention	<input type="checkbox"/> Yes
Visine	Dry, irritated eyes	<input type="checkbox"/> Yes

Parent/Guardian Authorization:

The personal and medical information is correct and complete as far as I know. The person described has my permission to engage in all camp activities as noted. I give permission to the camp to provide routine health care, administer prescribed medications, and seek emergency medical treatment, including ordering x-rays, routine tests, and treatment. I agree to the release of any records necessary for insurance purposes. I give permission to the camp to arrange necessary, related transportation for my child. In the event that I cannot be reached in an emergency, I give permission to the physician selected by the camp to secure and administer treatment, including hospitalization for the person named above. This completed form may be photocopied for trips out of camp.

Signature of Parent/Guardian: _____

Date: _____

Print Name: _____